









NORNA 2017

NORNA Spring meeting in Helsinki, 23th - 24th of March 2017

Representatives:

Catarina Augustson Sweden

Anne-Marie Nilsson Sweden

Jette Isberg Denmark

Janni Ulrich Denmark

Marja Sirkeinen Finland

Marianne Lundsten Finland

Anna Valsdóttir Iceland

Þórbjörg Ása Kristinsdóttir Iceland

Aina Hauge Norway

Anne Lind Jølstad Norway

Visitors:

Thursday: Jaana Perttunen, president for the FORNA

Thursday and Friday: Kerstin Skogman, honorary member for the FORNA

The meeting was held at Finnish Sjuksköterskeföreningens office, Annankatu 31-33C 50 00100 Helsinki

Thursday, 23th of March the Norna board had lunch at Sandro-restaurant, Narinkka 3, Kamppi, Helsinki from 11.45 am to 12.30 pm. The meeting took place from 13:00 to 17:00 pm.

After the meeting the board went first at 18:30 pm to the sightseeing restaurant at Torni hotel and at 20:00 pm to the Restaurant Farang, Ainonkatu 3, for dinner.

Friday, 24^{th} of March, the NORNA meeting was held from 9:00 am to 12:30 pm. We had lunch from 12:45 to 13:30 pm

Report from the NORNA meeting held in Helsinki, 23 – 24 March 2017.

Thursday 23. March 2017

 The Norna board had lunch from 11:45 am to 12:30 pm at restaurant Sandro, Narinkka 3, Kamppi

After Marianne welcomed everyone to the meeting, Kerstin Skogman told us the history of the Finnish Sjuksköterskeföreningen and the office. There used to be a house for old people in the building till the year 1992. The Finnish Sjuksköterskeföreningen has about 4000 members. The association was founded 119 years ago. There are many local associations at the Finnish west coast and many members in Skandinavia and other countries. This is one of the two associations for nurses in Finland and it is bilingual. It is important for the swedish speaking nurses to get information with there mother tongue. There magazine is called Vård i focus. The accosiation is very active.

• National updates - a short report around the table

<u>Denmark:</u> is planning to start the Masters degree education for nurses. The initiative has been made for the Ministry of Health and is now waiting for the approval. There are many changes in the Danish association. For the membership of Fs Sasmo a nurse or other healthcare practitioner degree is needed. Three out of seven members of the Fs Sasmo-board are in turn to resign this year. There is going to be a nationall one day congress this spring.

Finland: There is a big SOTE-, Social and Healthcare reformation going on in Finland. There are five University Hospitals and sixteen Central Hospitals in Finland. After the reformation there are less hospital beds and many other financial cuts are going to be done. Many patients are going home straight from the recovery room and in the future people can choose which hospital they use. Studies show that nurses have more sick leave because of stress than before. In autumn we have the annual national congress for OR-nurses in Seinäjoki. 2018 Forna has a 30-years anniversary congress. Nurses have three and a half years education in the university forapplied sciensis in Finland. For example in Jyväskylä the last year in school for nurses is advanced training. There are 20 schools where you can study nursing. They all have their own study plan. After working for three years you can apply to study Masters degree in university. Since ninety century there has not been education for nurses to specialize in OR-nursing. In Jyväskylä it is very popular to work in the OR, there are not enough jobs for nurses in the OR.

<u>Norge:</u> The Board is planning a national congress in Norway the first week in September. There has not been any education for practical nurses in Norway since 1985. Now one school wants to start the education again. There is a national discussion about the education.

<u>Iceland:</u> there is a need for two hundred nineteen more nurses in Iceland. Many nurses are retiring. The graduating nurses don't want to work in hospitals because of the low salary. They get twenty per cent less salary working as a nurse compared to work with same level education in other fields. Out of the hundred each year graduating nurses only ten per cent are going to work as nurses. The workload is heavy. There is a congress every spring for all nurses working in Island. There are about four hundred participants.

<u>Sweden:</u> as in all the <u>Scandinavian countries</u> there are not enough nurses and OR-nurses. OR-nurses education has been reduced. There are not many nursing teachers. In Sundsvall there is no education for nursing teachers. As a nurse you can have "local education" after nursing school and then decide if you want to specialize in OR-nursing. There is a masters degree education available for nurses. New hospitals and operation rooms are being built.

For two years there has been a popular, voluntary, two day education for the representatives. They learn how they can act in OR. The education is organized by the Swedish Medtech and takes place in Stockholm. Sweden has a "Stark i livet stark i kirurgi"-project, for example to reduce/stop patients smoking and alcohol consuming before going to operation. The studies show that six weeks without alcohol and three months no smoking before the operation reduces risk for infections. The patients should not smoke three months before the operation or the operation will be cancelled.

- Last report from the October meeting.
- Guidelines for NORNA congress
 Guidelines where updated and will be singed in the autumn meeting.
- NORNAs actionplan for 2017-2018 was updated
- Everybody has a USB stick and got a copy on it of the Perm
 Until next time think of what we should do, and then discuss it next time. Shall we keep it on
 a stick or put it in the Sky.

The paper Perm was handed over to Finland.

 Satu Rauta, clinical nurse specialist, gave a lecture about Nursing intensity and its measurement, case PERIHOIqinstrument

There are 20 hospital districts in Finland. Seven districts are using the PERIHOIq. Out of five university districts four use PERIHOIq . a part of RAFAELA-system

AOB
 Jette is going to update facebook homepage for NORNA

Closing the meeting

Next meeting:

- 1. Helsinki, Finland: 26th –27th of October 2017.
- 2. Marja and Marianne will organize the meeting and find a suitable hotel for the group. The meeting next time might start Thursday at nine am so we have enough time for the possible hospital visit. *Marja and Marianne will send an e-mail*
- 3. Future topics for NORNA:
 - Documentation
 - Patients safety in OR.
 - Who checklist, purpose and importance

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Date for our next meeting in Helsinki, Finland: 26. - 27. October 2017

Helsinki, Finland

25.3.2017

Marja Sirkeinen

Marianne Lundsten