



NSFs LANDSGRUPPE AV  
OPERASJONSSYKEPLEIERE



Riksföreningen för operationsjukvård



NORNA 2019

NORNA Spring meeting in Reykjavík, 21<sup>th</sup> - 22<sup>th</sup> of March 2019

**Representatives:**

Anna Valsdóttir	Iceland
Soffía Hauksdóttir	Iceland
Catarina Augustson	Sweden
Anne-Marie Nilsson	Sweden
Cellina Maj Björn	Denmark
Janni Ulrich	Denmark
Marja Sirkeinen	Finland
Marianne Lundsten	Finland
Aina Hauge	Norway
Gunilla Fredheim	Norway

Thursday, 21<sup>th</sup> of March the Norna board had lunch at Jörgensen kitchen & bar, Laugavegi 120, 101 Reykjavík.

After lunch there was a board meeting. The meeting was held at Félag íslenskra hjúkrunarfræðinga, Suðurlandsbraut 22, 108 Reykjavík. The meeting took place from 13:00 to 17:00.

After the meeting the NORNA board and ISORNA board went to Dinner at 19:00 pm to Sæta svínið gastropub, Hafnarstræti 1-3, 101 Reykjavík

Friday, 22<sup>th</sup> of March, the NORNA meeting was held from 9:00 am to 12:00. We had lunch from 12:00 to 13:30 at Brasserie Askur, Suðurlandsbraut 4, 108 Reykjavík

## **Report from the NORNA meeting held in Reykjavik, 21 – 22 March 2019.**

Thursday 21. March 2019

Everyone was welcomed to the meeting

- **National updates - a short report around the table**

### **Iceland:**

Building of a new hospital has started. A lot of distraction and bombing just next to the old buildings near the operating rooms.

There is a lot of strikes ahead that will affect the tourist industry. And nurses also have to negotiation for their wages.

Next Friday we have a joint congress in Hilton Reykjavík Nordica with surgeons, anesthesiologists, intensive care unit, obstetrics, gynecologists and surgery nurses. And at the same time there will be surgery nursing association annual general meeting. There will be a change in the isorna board, three are leaving and we get three new board members.

### **Denmark:**

There was annual general meeting. The association has a new Name and logo. FS OP Fagligt selskab for operationssygeplejersker. There was a meeting in march about starting a education for surgery nurses in Denmark. Many health professions participated. There has to be a conversation where the importance of education for operating room nurses is explained, it has been time consuming to get some progress. How do we get new nurses in this profession if we do not have a education, especially the young nurses. We need better arguments and we need help with this. It is also about costs, to pay for the education. In Alborg a new hospital is being built. It is estimated that it will be ready in 2021-2022. Now we have two hospitals but it will be one and most likely fewer operating rooms. There is also a new hospital building in Odense. The policy seems to be that operating room nurses should not be so specialized and work in more surgery specialties.

We are organizing a day to get together with our members, the first subject will be positioning the patient in surgery.

### **Finland:**

There has been implemented a test to get in to nursing education, like it was earlier. This is a kind of stress- or psychological test and is also for other healthcare-educations.

Many new hospitals are being built or renovated in Helsinki. One of them is the trauma center, and at this point the plan is that the plastic surgery unit will move there in 2022 or 2023. A new children`s hospital has been opened 2018.

We have got a new computer system that communicates with other computer systems that are in use in the hospitals. Like always, when launching new things, there has been some problems using it in some of the hospitals.

There has been a huge social- and healthcare renovation going on in Finland for years by now. Now again, the latest government couldn't finish the renovation. This year the new government has to start building the high cost renovation from the beginning again. The government has been selling a lot to private companies, like nursing homes. This has not turned out so well because there has been some scandals. Residents of nursing homes have not been treated well. Now all the nursing homes will be checked to avoid this to happen again.

There will be a national congress for OR-nurses in October. In June FORNA is arranging and covering most of the cost for a trip for 25 OR-nurses to Finnish archipelago. The nurses need to be members of FORNA and this is a way to introduce FORNA to its members.

There are 2 new board members in FORNA.

### **Norway:**

Most Norwegian universities offer now a master degree in Clinical nursing/surgery nursing. There is an increasing desire for this competence both from the students and from the hospitals.

NSFLOS will have their national congress 6-7. september 2019 at Hell, just outside Trondheim.

Inside the organisation NSFLOS, there are different networks who work with different cases. We have a group that works with evidence based data.. There are meetings for local groupleaders , managers and teachers 1-2 times a year. There are different themes in discussion, its a good meetingpoint to exchange ideas.

Operating room nursing assosiation is trying to talk about the benefits of being a member. For different reasons it is hard for many members to get to a meeting. Our members want good service but not neccessarily to work in the assosiation.

There is a lot of discussion about first assistant role in robotic surgery. In Denmark there is short courses to become first assistant in robotic surgery, and many hospitals which are implementing robot surgery are sending their operating room nurses to this education.

In USA there is a longer education including both theory and practice to become a first assistant, and the First assistant brand also includes more than assisting in robot surgery. This danish education is different from first assistant education in USA.

NSFLOS thinks there are both legal and etical discussions and uncertanities related to this role. The doctor is responsible, but can he have the legal responsibility if something goes wrong. Can we defend ourselves legally if something goes wrong?

Another issue is lack of operating room nurses, is it then right that we work as first assistant if we already have a shortage of operating room nurses? Are we becoming more instrumentally focused going away from the nursing? If operating room nurses do the surgeons job, can then someone not being an operating room nurse work in the sterile field instead of us? Is this something we want?

NSFLOS is not in principle opposed to a new carrier path, but there are a need of discussing educational, etical and legal issues.

### **Sweden:**

We Have a Teacher Network and the report from the last meeting is that they devoted much time to talk about the investigation that has been done on various specialist nursing programs. Our education is one of three that is proposed to remain.

They also talked about the requests we as teachers sometimes get, to participate in various quick educations. Thus, when other staff categories are trained to perform our job.

Education within our association.

You have heard about it earlier our project Strong for Surgery - Strong for Life

As a standalone continuation of our project, we now move on to offer two-day knowledge seminars on lifestyle habits in connection with surgery. The target group is surgical and anesthetic nurses in the first place.

The goal for us in RFop is to increase patient safety before, during and after a surgical procedure. This is done, among other things, by informing the patient about the importance of living habits. Support as needed and together with the patient strive to achieve optimal optimization for the surgical procedure.

The purpose of the education is to increase the knowledge of the importance of living habits for people who will undergo an operation.

In the board we are now also discussing a possible education for those who need to be reactivated. We will contact two people for a first planning. We haven't decided on the content yet.

In collaboration with KS Solna and Trauma Coordinator Susanne Eriksson we have an Traumautbildning

Maby you heard her presentation in NORNA congress

Level 1 is a basic training in trauma and is a one-day education. The course is aimed at surgical nurses who, in their work, come into contact with trauma and acute patients and who want to increase their competence in the trauma area.

Level 2 an in-depth education that lasts for three days in collaboration with DSTC training for surgeons.

Authorities want to educate technicians to work in the or.

Operating room nurses have their contracts expired in march.

There are two congresses ahead, hygieneforum and höstcongress and there are a lot of participants registered.

Nurses can apply for aspirant education which means: They are contracted by our department and begin with a three-month introduction to the work on surgery. First, they go twice with the circulating nurse, which can be either a "under-nurse" or an OR nurse. After a few weeks, they have to participate in the sterile surgical area, learn instruments, learn to sterilize with rock and gloves, assist. During the three-month period, they will apply for the specialist education that is available in Umeå in northern Sweden. During the coming years, they will do all the internship at our department and will also work as a circulating nurse = "under-nurse" during the summer. Throughout the aspirant education, they retain their salary as a nurse.

This project has been very successful for our hospital in Sundsvall. We now have aspirant education for the third year in a row. Three of them are fully trained and work with us and two are under training in 2019.

- **NORNA congress, guidelines**

There were made a few changes

- **Last congress in Stockholm**

Catarina and Anne-Marie told us about last congress. They talked about how many participants there were, evaluation of the congress, the feedback they got and outcome.

- **NORNA congress 2020 Norway, Bergen**

There has been chosen a place for the conference and other planning is just beginning. There was a discussion about a theme for the conference. "Clinical competence and education in the future" is a possibility we are thinking about. There was also a discussion about practical things for the congress.

- **NORNAs actionplan for 2017-2018**

was updated

- **Update NORNA address list**

- **Handling of implants in the or**

There was a discussion about how we treat implants and documentation of implants. There is some variation in treatment of implants, it is often soaked in klorhexidine, some have antibiotics and change of gloves. It is different treatment by various doctors. The discussion was also about riffled breast implants and cancer, using of mesh in breast surgery and

dressings over surgical wounds that is broken. We also talked about BRACA gene and open doors in surgery.

- **What do we want with NORNA?**

How long should we stay in NORNA? Three years is a bit short time and it's hard to start. It's better to start with someone who has experience.

Next meeting is 9-4 on thursday and then workshop on friday, 9-12.

Workmeeting in spring and fall except when we have a congress. Change statues according to this. One day for meeting. See how this works and make changes if necessary.

Find a topic for fall meeting, Surgical smoke. Decide a topic for next meeting in the meeting before. From each country, one finds articles and another looks at how it is done at your workplace. And then we compare. Send the information we found a month before the meeting. 19. august 2019. Try to find out how we want to do this in the nordic country's. Do a summary of what we found out in the workshop and present it to our organisations. Finally send a recommendation from NORNA out at our local websites and social media.

Research group: Cellina DK, Catarina SE, Marja Fi, Gunilla NO, Soffía IS.

Describing Practice group: Janni DK, Anne-Marie SE, Marianne FI, Aina NO, ? IS

- **Closing the meeting**

**Next meeting:**

1. Reykjavík, Iceland: 19<sup>th</sup> –20<sup>th</sup> of September 2019.
2. Soffía and new board member will organize the meeting. You will be staying at Center hotel plaza, Aðalstræti 4, 101 Reykjavík.
3. Future topics for NORNA:
  - Surgical smoke
  - Documentation
  - Patients safety in OR.
  - Who checklist, purpose and importance

Dates for Norway in 2020, 19. and 20. march 2020 in Oslo, 9. -11. septemer 2020 in Bergen.

Reykjavík, Iceland

22.3.2019

Anna Valsdóttir

Soffía Hauksdóttir